JRC Dataset

Food-Based Dietary Guidelines in Europe

Description:
Overview of Food-Based Dietary Guidelines and their key features, validated by Member States.

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Related resources:
- Data access
  Food-Based Dietary Guidelines in Europe (JRC Knowledge Gateway website)
  A complete list of national FBDGs was compiled and confirmed by representatives of the High Level Group on Nutrition and Physical Activity. The content of national FBDGs was assessed by native speakers or otherwise translated into English using machine translation. The information extracted was collated in a dedicated Microsoft® Access 2010 form. Access to this database can be provided upon request. Individual country data were reviewed and the content validated by the corresponding representative of the High Level Group on Nutrition and Physical Activity.

  Database of FBDGs in Europe
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